

# CT PELVIMETRY OF VARIANT PELVIS AND CHILD BIRTH PROGNOSIS

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## ABSTRACT

The aim of this study was to determine the threshold values of pelvimetry by scanning and to evaluate the ability of the pelvimetry alone to diagnose a fetal-pelvic disproportion. It was an observational retrospective study on 410 pregnant women who had a scanner pelvimetry for any reasons. Based on the fetal presentations, two subgroups (breech and cephalic -others) have been defined. Measurements of the main obstetric diameters (promonto-retropubic, median transverse and dual sciatica) were taken. The 5th and 10th percentile were calculated as well as the 90th and 95th to determine the threshold values of pelvimetry by scanner. The scanner values found on CT were compared with the standard X ray pelvimetry values. Referring to extreme values obtained by pelvimetry scanner, some pathological pelvic brim were reconstructed in 3D. Moreover, the delivery prognostic was analyzed by crossing the pelvic inlet dimensions (Magnin index) and pelvic outlet dimensions (bi-sciatic diameter) with the outcome of the delivery. The mean values of the scanno-pelvimetry measurement in our series were: 12.39 cm ( $\pm 1$ ) for the promonto-retropubic diameter, 12.88 cm ( $\pm 1.01$ ) for the transverse median diameter and 11 cm ( $\pm 1.32$ ) for the bi-sciatic diameter. These measurements provided an accuracy less than 1 cm compared to the standard ray pelvimetry. Although Magnin index at 23 allows a vaginal delivery, 51% of our sample have failed. Moreover, for the Magnin index at 24 and 25, the vaginal delivery failure rate remains high: 45.1% and 39.61% respectively. Compared to classical pelvimetry, pelvimetry by scanner provides additional precision and allows to study the geometry of the basin. However, the pelvimetry alone could not be effective to establish the prognosis of vaginal delivery.

**Key words:** scanno-pelvimetry, prognosis, delivery.

## INTRODUCTION

Dystocia is a major problem in Africa. It is still responsible for several fetal deaths and for the mother, urogenital fistula especially by vesico-vaginal fistulas. Dystocia is predictable by pelvimetry techniques and should be useful in programmed caesareans. Studies conducted by authors like Thoms (1922), Jacobs (1934), Colcher and Sussman (1944), Moir (1947), Trillat and Magnin (1948) brought X-ray pelvimetry into current practice. Main morphological types of female basins were described from those works. Standard radiopelvimetry has been used by obstetricians since 1940 as a method of predicting cephalopelvic disproportion and

breech presentation (Rozeberg et al., 2007). It is called the Magnin index in french (sum of the promonto-retro-pubic and transverse median diameters) which is a reference for the x-ray diagnosis of cephalopelvic disproportion. The literature reports conflicting data on the value of radiopelvimetry (Ferguson et al., 1998; Thurnau et al., 1999; Rozenberg et al., 2007). Unlike to the aim of Magnin index which consist to detect fetopelvic disproportions, it does not compare the measurements of the fetal head with those of the maternal pelvis. The purpose of this study is to determine threshold values for pelvic computed tomography

and to evaluate the ability of pelvimetry in fetopelvic

disproportion diagnosis.

## MATERIALS AND METHOD

It was a retrospective observational study conducted with respect for the confidentiality of the data. The Ethics Committee indicated that it was unnecessary to have an authorization for this work. It covers a period of 10 years from 1999 to 2009 and focused on 410 pregnant women who had a pelvimetry scanner for different reasons: scar uterus, suspected fetal macrosomia, twin pregnancy, obstetrical history. These 410 scanners were divided into two subgroups: head-quarters, head-others. Measurements of the major promonto-retro-pubic (PRP), medial transverse (TM) and bi-ischial (BS) obstetrical diameters were taken. The 5<sup>th</sup>, 10<sup>th</sup>, 90<sup>th</sup> and 95<sup>th</sup> percentiles were calculated to determine threshold values for pelvimetry in slice scanning. The dimensions found on the scanner were compared to standards values in radiopelvimetry. The Magnin index of the cranial perimeter of children at and their

weight were associated to these pelvimetry classical data. When pelvimetry values are abnormal, some pathological pelvis were designed into 3D. Moreover, the outcome of the birth was crossed with the upper strait measurements through the Magnin index and the lower strait measurements through the bi-ischial diameter. The Pregnant women aged 32 ( $\pm$  5.5 years). The average body weight of new born children was 2970g ( $\pm$  564g). A SIEMENS scanner device 128-strip (2X64) was used. The helical acquisition mode was used. The helical mode is defined by a rotation simultaneous movement of the tube-detector around the patient (rotational movement) and a longitudinal translation movement at a constant speed of the table. The statistics were performed with SPSS software version 16.0.

## RESULTS

### Scanner pelvimetry values

Table I shows the values of scanner pelvimetry, Magnin index, head circumference, and birth weight for each subgroup. Pelvis with a fetus in seat presentation are only considered normal. Indeed, in practice, pelvimetry for a fetus in cephalic presentation is indicated in case of suspicion of cephalopelvic disproportion. The mean values of the pelvimetry scan in our series were 12.39 cm ( $\pm$  1) for the promonto-retro-pubic diameter, 12.88 cm ( $\pm$  1.01) for the medial transverse and 11.00 cm ( $\pm$  1.03) for bi-ischial.

### 3D reconstruction of pathological pelvis

Using the median values and when referred to the extremes calculated from the 5<sup>th</sup>, 10<sup>th</sup>, 90<sup>th</sup> and 95<sup>th</sup> percentiles, we have identified in our series some pathological pelvis. Table II shows the measurements of

the different diameters for these pelvis. Figures 1, 2 and 3 illustrate their volume.

### Outcome of deliveries

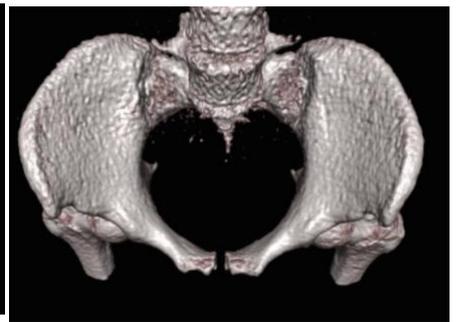
The Magnin Index is used to establish the prognosis of delivery. For a Magnin index greater than 22, the prognosis for vaginal delivery is considered favorable (4). Basing on this statement, in our sample, despite Magnin index was 23, 35.3% of emergency cesarean section were recorded. 15.7% of instrumental extraction were also recorded, all this raised the vaginal delivery to 51% of delivery failure. Table III presents the overall results of deliveries according to the different values of the Magnin index. The use of bi-ischial diameter does not improve the prognosis. Table IV presents the outcome of deliveries according to the bi-ischial diameter.



**Figure1:** Android basin



**Figure 2:** Anthropoid basin and narrowed to thorns



**Figure3:** A generally shrunk basin

**Table 1:** Pelvimetry from sectional imaging (CT)

	Seat		Head and other	
	Median	95 <sup>th</sup> percentile	Median	95 <sup>th</sup> percentile
PRP	12.39(±1)	14.02	12.10(±1.04)	14.02
TM	12.88(±1,01)	14.02	12.70(±0.66)	14.00
BS	11.00(±1,03)	12.81	10.95(±1)	12.52
Magnin	23.98(±1,47)	26.20	23.70(±1.37)	26.02
CPatbirth	35.00(±2,83)	38.00	34.50(±1.58)	38.00
Birthweight	3090(±482,75)	3880	2925,00(±564,41)	3768,00

**Table 2:** Variant Basins

	PRP	TM	BS
Normal	12.39	12.88	11.00
Android	15.0	11.7	11.43
Anthropoid	12.7	11.9	8.3
Overall Shrunk	10.1	10.68	9.9

**Table 3:** Birth outcome according to the different values of the Magnin

Magnin	Scheduled caesarean section (%)	Cesarean section urgently	Cesarean emergency in relation to authorized low pathway	Instrumental extraction	Instrumental Extraction Relative to Authorized Low Channels	Low birth	Low path failure rate compared to authorized low path	Average birth weight
25	24	16.92%	22.45%	9.23%	12.24%	49.23%	34.69%	3100 g
24	21	27.69%	35.3%	7.69%	9.8%	43.08%	45.1%	2985 g
23	19	28.57%	35,3%	12.70%	15.7%	39.68%	51%	3011 g
22	13	32.61%	37.5%	19.57%	22.5%	34.78%	60%	2863 g
21	37	52.64%	83.33%	5.26%	8.33	5.26%	91.66%	2972 g
20	67	8.33 %	25%	16,67 %	50%	8.33%	75%	3023 g

**Table 4:** Birth outcome by bi-sciatic diameter

BS	Scheduled caesarean section	Cesarean section urgently	Instrumental extraction	Low birth	Average birth weight
8	100%	0%	0%	0%	3175 g
9	21.57%	29.41%	17.65%	31.37%	2942g
10	17.35%	25.51%	12.24%	41.90%	3023 g
11	22.86%	31.43%	10.47%	35.24%	3001 g
12	37.21%	16.28%	4.65%	41.86%	2984 g
13	14.29 %	28.57 %	0 %	57.14%	3047 g

## DISCUSSION

This study defined the median pelvis size in a normal population for which pelvimetry was performed for some other reason than an abnormal clinical examination. Little such data are available in the literature on normal pelvis (Morgan et al., 1992; Impey et al., 1998; Ikhena et al., 1999). This study proposed with acceptable accuracy, median values for interpretation in pelvimetry scan. Beyond the medians, the 10th, 90th, 5th and 95th percentiles provide reference scanning values for radiologists. In the group of normal pelvis, the 10th and 90th percentiles were quite close to the median measures with a gap a centimeter order. These data indicate that pelvis measurements in the human species are relatively well conserved and consistent with standard cephalic size delivery (biparietal diameter estimated at 9.6 cm for normal) (Salk et al., 2015). In the group of pathological pelvis the median values of different diameters were too low, as well as

the foetus: cranial perimeter of 34.50 cm against 35 cm in the normal pelvis and an average weight of 2925 g against 3090 g. The difference between the normal median values and the previous radiological reference is approximatively 1 cm. Standard references available possessed no certainty when transposed into pelvimetry scanner (Van Look et al., 1997). The soft of x-ray could lead to bad interpretation since the doctor couldn't know, for example, whether an edge is in front or behind the plane.

In addition, the x-ray quality also depends on the geometry of the patient and the installation, which may not always be calibrated in the same way from one device to another. The purpose of pelvimetry is to predict the vaginal delivery. The aim is to reduce the number of unnecessary cesarean sections while improving perinatal care (Korhonen et al., 2014; Korhonen et al., 2015). A way to achieve this is by calculating

the Magnin Index (PRP + TM). The usefulness of this index is currently controversial (Korhonen et al., 2014; Korhonen et al., 2015). The perception of the outcome of the birth with the value of the Magnin index allows us to criticize this index. Cesarean emergencies and instrumental extractions highlighted the failure of the vaginal approach with a greater risk of neonatal morbidity. Scheduled caesareans were not useful to analyze Magnin's index because we could not presume in these patients the good course of vaginal delivery. On the other hand, the failure rate of the low path is a better indicator of the effectiveness of the Magnin index. For a Magnin value of 23, for which vaginal delivery is acceptable, the failure rate was about 51%. That means, more than half of women with normal Magnin Index could not deliver by vaginal way without risk. Moreover, for higher Magnin Index values of 24 and 25 the low path failure rate remains high at 45.1% and 39.61%, respectively. The Magnin index only explores the upper strait. The lower strait is also involved in the genesis of dystocic deliveries. From measurements of the bi-sciatic diameter (inferior strait), it is found that, as for the Magnin index, the percentage of emergency deliveries and instrumental extractions increase appreciably with the decrease of the bi-sciatic diameter. This obeys to the law of proportion of the human body which allows a ratio of

proportionality between the different measurements of the human body. Moreover, promonto-retro-pubic and transverse medial diameters correspond to a large bi-sciatic diameter. Analysis of our data led us to the conclusion that pelvimetry alone did not provide a good prediction of mechanical dystocia. The scanner pelvimetry has the advantage to provide continuously data on the global geometry of the pelvis and to allow reconstruction in 3D. During delivery, the size of the pelvis is useful, but its geometry and that of the fetal head would be more important. One would thus obtain a better prediction by confronting the pelvis with the fetal head. Instead of proposing a pelvimetry score, we would propose a cephalopelvic confrontation score. This may reduce the number of unnecessary procedures and improve scheduling of caesareans.

In conclusion, pelvimetry scan provides additional precision compared to conventional radiopelvimetry and allows the study of pelvis geometry. We have shown that pelvimetry alone can not be effective in preventing mechanical dystocia. This opens up prospects for improving the prediction of cephalopelvic confrontation by the use of new techniques. Pelvimetry projection still has good days in front of it and needs to be evaluated constantly with the appearance of new tools that are implemented in medical imaging.

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